

PANAS

By Sujan Katuwal MBE



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BREAKFAST

Akuri on Toast £11.95

Spicy Parsi-style scrambled eggs, buttered toast, cumin baked beans

Multi Grain Aloo Paratha £9.50

North Indian multi grain flatbread stuffed with spiced mashed potatoes, yogurt, and pickle

Idli Sambar £9.95

Steamed rice cakes, coconut chutney and tangy South Indian lentil broth

Jaggery Porridge £11.95

Organic porridge cooked with jaggery, lotus seeds, walnut and raisins and served with multigrain toast

Chole Bhature £10.25

Nation favourite spiced chickpeas, deep-fried fluffy bread

Sambar Vada £9.25

Crispy lentil doughnut, tangy South Indian vegetable broth, tomato chutney, coconut chutney

Pav Bhaji £9.50

A layer of bold seasonal vegetables, flavoured spicy, tangy and savory

Desi Avocado Toast £11.95

A creamy avocado on crisp toast, topped with desi-style kachumber salsa, a buttery-spiced bite of freshness

Desi Masala Omelette £11.25

Spicy desi-style omelette packed with onions, tomatoes, green chillies, fresh coriander, sourdough toast and cumin beans

Panas Special Dosa £11.25

Crispy rice pancake, spiced maris piper potatoes, South Indian vegetable broth, coconut chutney, tomato chutney

SPECIAL DRINKS

Matka Chai £5.95

Flavoured with aromatic cardamom, ginger, and warming spices, finished with a sprinkle of crushed nuts.

South Indian Filter Coffee £5.95

Traditional South Indian filter coffee, strong, aromatic, and served with milk and sugar. A perfect finish to your meal.

Mango Lassi £5.75

Creamy mango yogurt drink, delicately spiced and topped with crushed nuts.

REGULAR DRINKS

English Tea/Green Tea/Mint Tea/Cinnamon Tea	£4.95
Caffe Latte/Iced Caffe Latte	£5.95
Caffe Mocha/Iced Caffe Mocha	£5.95
Cappuccino/Iced Cappuccino	£5.95
Espresso	£4.95
Lemon Iced Chai	£5.95
Apple Juice	£4.95
Orange juice	£4.95
Pineapple Juice	£4.95
Coke	£4.95
Diet Coke	£4.95
Lemonade	£4.95